

# CONSENT IS:

**F**REELY GIVEN

Without pressure, fear of repercussions, or intimidation. Acknowledge the power dynamic.

**R**EVERSIBLE

Consent may be revoked at any time. Someone's boundaries may also change, so check in often.

**I**NFORMED

Answer questions one may have. They need to know exactly what they are consenting to.

**E**NTHUSIASTIC

"Maybe," "I guess", "Um..." ~~≠~~ "Yes!"

**S**PECIFIC

Consent does not carry over. Consent for X does not mean you have consent for Y.

**Consent-based practices are crucial in dance spaces, where there are inherent power dynamics at play.**

**In a position of power, you have an obligation to communicate about and honor the boundaries of others to ensure a safe and healthy environment.**